

Episode Thirty-two: Psst! Hello, Women of the World — We're Sisters!

Guests: Authors Kimberlee Williams and Debby Irving

Kimberlee Williams, in her book *Dear White Woman, Please Come Home* (which Debby Irving edited and helped publish) dreams of finding her “missing” white sister. With vulnerability, sorrow, rage, and humor, Kimberlee explores through a series of letters how white women, often despite their best intentions, signal to her and other women of color to proceed with caution when in their presence. Based on real events, each letter serves as testimony to the micro-aggressions that undermine and make invisible black and brown women, and make relationships difficult or impossible.

Describe how we are wired to protect our sense of belonging, which keeps us in the bubble of our own experiences.

Describe how it feels to realize that historically, the role of women of color has been to serve, comfort, protect, coddle, nourish, and elevate white women.

List several ways you can boldly disrupt that pattern.

What about your beliefs and attitudes do you need to bravely face in order to care about all women as your sisters?