



## **Ep.14: Why Do We Put Conditions on Loving One Another Unconditionally?**

I invite you to take a look at your own religious/spiritual experience.

Answer the following questions for yourself only or with friends and family.

Describe how this illustrates that there are differences between religion and spirituality.

Religion Spirituality
Pastor Harry Emerson Fosdick said, "Stagnation, not change, is Christianity's most deadly enemy." Describe what this means to you.
List the ways you prevent stagnation in your beliefs, attitudes, values, and behavior.
Describe what putting conditions on loving unconditionally means to you.
Express the ways you live the Golden Rule in your everyday life.





